



# Annual Report 2022

## CheckIt4Andretti Foundation



*Dr. Amy Wilson, Nancy Andretti, DeAnna Turner,  
Krista Woolly and Dr. Olivia Andretti*

“At age 53, John Andretti was the picture of health – still fit from a career in Motorsports, swearing he would always race again and never officially retiring. He was the last person anyone expected to receive a cancer diagnosis, but in January of 2017, his colonoscopy came back positive for cancerous polyps. His diagnosis made him face the decision of either fighting the disease privately or announcing it to the public. He decided that, although this diagnosis is devastating, he would use it to bring awareness to the disease, advocating for proper screening and early detection,” reads the home page of the Checkit4Andretti Foundation. Sadly, John died in January 2020, but his family continues his legacy through the foundation and advocacy work.

In December of 2021, the clinic learned of this new foundation and its interest in partnering to provide screening colonoscopies to low-income, uninsured adults. After much hard work and red tape, Nancy Andretti, the wife of John, reached out and gave the clinic the green light to send eligible patients to Northeast Digestive Health and Dr. Vinay Patel in March of 2022. Dr. Amy Wilson, the clinic’s medical director was thrilled. “Having the ability to

refer patients for screening colonoscopies is amazing! With cancer, especially colon cancer, if caught early, it can be treated and even cured. This is a wonderful, life-saving opportunity for our patients, she says.” Dr. Wilson and her medical assistants, DeAnna Turner and Caroline Parrott, got busy identifying those patients that were at greatest risk – those with symptoms and those with family history. During the nine months of 2022, 30 patients received free screening colonoscopies. Ten of those were donated by Northeast Digestive Health and 20 were paid for by the Checkit4Andretti Foundation. One cancer was detected and treated. “We have long desired a way for our patients to get colon cancer screenings,” Wilson said. “This just gives us another tool in our prevention toolbox.”

In 2022, the estimated number of new cases of colon and rectal cancers, collectively known as colorectal cancer, was 150,030. In 2021, the American Cancer Society lowered its recommended age for regular colorectal screenings from 50 to 45 years old. “I’d love to see it lowered to 40,” says Nancy. “John wasn’t given three years to live, but he did. During that time, he endured surgery, two rounds of chemotherapy and experimental treatment before the cancer spread to his liver and lungs. This disease is so pervasive,” she says. It is estimated that 52,580 deaths (28,400 men and 24,180 women) from this disease will occur in the United States this year. Colorectal cancer is the second leading cause of cancer death for men and women combined, according to the American Cancer Society.

Of course, the clinic patients who were able to receive these screenings also knew of their risk factors. When medical assistant, DeAnna Turner asked a few of the patients about their experience, these were some of the answers: “It meant the world to me to have received a free colonoscopy. It meant a lot because I wouldn’t have been able to afford it without their [Checkit4Andretti Foundation] help. And if I had waited with the number of polyps I had, I can only imagine how much worse it could have been.” The patient continued, “It makes me feel good about myself to have completed an important health screening. I would not

*Continued on page 11*

**2022**

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- Krista Woolly,  
*Executive Director*
- Alex Yang  
*Dental Assistant*

*From the Executive Director:*

# Healthcare For All

When I look back at my column from three years ago, I asked the question: “Are we meeting the needs of the community?” Little did I know that COVID-19 was already weaseling its way into the United States and would shut everything down in less than a months’ time. I’d say that we DID meet the needs of our community in many and

various ways during the pandemic. As we emerge, however, the world has quickly transitioned into other issues such as health equity, lack of affordable housing, and inflation. I’m most proud of the clinic for identifying these needs and addressing them head on. First, inflation. Our Board of Directors increased the amount of money a patient can make to qualify. Because of the steep increase in rentals and the high cost of groceries and gas, our patients continue to lag behind in their ability to obtain and afford healthcare. In October of 2022, the Board of Directors voted unanimously to increase eligibility income to 300% of the Federal Poverty Level to ensure the clinic is meeting the needs of the community. Second, health equity. In 2022, the clinic hired a part-time dental assistant who is bilingual. As our community becomes more diverse, so does the clinic’s patient population. We want to remove as many barriers as we can to reach everyone. Our application and brochure are now in English and Spanish.

The clinic staff has worked hard to expand resources for our patients. In this report, you will read



*Krista Woolly  
Executive Director*

about prevention efforts to include glaucoma exams and colonoscopies. We are thrilled that like-minded professionals are willing to volunteer their services to our neighbors in need. They are true HEROES.

Finally, as our state legislators wrestle with Medicaid expansion, the clinic staff and Board of Directors are working to accommodate

these changes realizing that our services still will be needed for the more than 700,000 North Carolinians that will not be eligible. Yes, there still will be a need for clinics like ours – even with Medicaid expansion. Thankfully, we have people like you that have and will support us because you care about healthcare for all. Yesterday, today and in the future. We are on this journey together and we continue to appreciate your support and encouragement.

Thank you so very much –

Krista Woolly



*Left to right: Teen Aron, Dr. Mitch Siegel, Alex Yang, DeAnna Turner, Krista Woolly, Caroline Parrott, Cathy Teat, Deborah Bailey, Dr. Brett Leslie, Dr. Amy Wilson, Judy Henderson-Currin, Debbie Hill and Edith Lopez*

**The Community Care Clinic of Rowan County provides medical, dental and pharmacy services to over 1,500 uninsured adults in Rowan County.**

# Over \$4 Million Received In Free Medications

As a Free and Charitable Clinic, the Community Care Clinic of Rowan County provides access to free and low-cost medication through pharmaceutical company programs for low-income uninsured patients who cannot afford them. Judy Henderson-Currin, Prescription Assistance Coordinator, works to secure these medications from the pharmaceutical companies on each patient's behalf. Judy joined the clinic in 2017 and recently celebrated her fifth work anniversary.

For each medication a patient is prescribed, Judy must send a completed application and eligibility paperwork to the pharmaceutical company. Sometimes that means that for one patient taking five medications, Judy must apply to five different prescription medication assistance programs to secure each medication. This is a labor-intensive process that requires close attention to detail and perseverance. Once the patient is enrolled in the program, the pharmaceutical company will send a three-month supply to the clinic, in total the company will supply the patient with a year's worth of medication. The pharmacist will dispense the medication on a monthly basis to the patient. Judy is responsible for contacting the pharmaceutical companies to request refills for patients and reenroll the patient the following year. Judy is also responsible for communicating any changes in the patient's medication to the pharmaceutical company (increase or decrease in dosage, medication change or drop).

"The importance of our prescription assistance coordinator cannot be understated. Judy does a beautiful job advocating for our patients and securing medications on their behalf. Judy logs hours on the phone with the drug companies to place reorders and schedule deliveries. We are extremely fortunate to be able to fund Judy's position and to



*Prescription Assistance Medication*

provide life saving medications for patients who would otherwise not be able to afford them on their own," said Cathy Teat.

Judy and Cathy Teat, clinic pharmacist, have created a streamlined system to get patients enrolled and keep them enrolled in each pharmaceutical program. Judy knows the individual company policies/requests and is able to skillfully follow them. When there is an issue (as with COVID-19 and delayed shipments), Judy is able to call and resolve them.

Judy regularly attends roundtables with other prescription assistance coordinators throughout the state to discuss changes to the programs, drugs that will be added or removed and best practices in the field. The knowledge gained through the roundtables allows Judy to efficiently order the medications for patients and guarantees that patients will get the medications that they need.

Last year alone, the clinic received over four million dollars in free medications from prescription assistance programs on behalf of our patients. This represents 97% of the medications dispensed by the pharmacy.



*Judy Henderon-Currin*

**The clinic is available to Rowan County residents, age 19 or over, who have no access to insurance, Medicare, Medicaid or VA benefits and earn less than 300% of the Federal Poverty Level.**

# Community Partners



Salisbury Academy JK & K Giving Party

## Salisbury Academy

The clinic was the recipient of the December giving party hosted by the Pre-Kindergarten and Kindergarten classes at Salisbury Academy. Students enjoyed learning about the Community Care Clinic’s mission of providing medical, dental and pharmacy services offered to uninsured Rowan County adults. Each child was able to listen to their own heartbeat using a stethoscope and ask questions about how their bodies work. The class brought in supplies as wrapped gifts for the clinic, made Christmas cards for patients and listened to a story about helping those in need.

## The Pedal Factory

Several of our patients have been able to exchange volunteer services for refurbished bikes through a community partnership with The Pedal Factory. Their mission is to make bicycles accessible for everyone and to encourage and promote the use of the bike for transportation, recreation and health. “It’s a win-win. Our patients can now get to work and to their doctor’s appointments but the bicycles also fosters exercise, thereby improving the patient’s overall health,” said Dr. Amy Wilson. “Our patients are excited to have a bicycle of their own and take pride in knowing they earned it.”

## Rowan-Cabarrus Community College

Isel Quintero, a physical therapy assistant student at Rowan-Cabarrus Community College shared information on posture, body mechanics, exercise and physical therapy with patients. Physical therapy helps people improve their mobility, relieve pain and promote overall health and wellness.



Isel Quintero, RCCC Student

## Walgreens

Walgreens hosted a flu shot clinic for patients. The local Walgreens pharmacist came to the clinic and administered flu shots. “We were pleased to have teamed up with Walgreens in providing flu shots for our patients. It’s important that they receive the flu vaccine because most of our patients have more than one chronic condition, making them more susceptible to the flu and other illness. We are grateful for the long standing support that Walgreens continues to provide in efforts to keep our patients healthy,” said Cathy Teat, pharmacist.



Walgreens Flu Shot Clinic

The clinic specializes in chronic disease management such as diabetes, high blood pressure, COPD and asthma.

## Big Chili Cook-Off

The Community Care Clinic served as a guest cook at the 13<sup>th</sup> Annual Big Chili Cook-off benefiting Waterworks Visual Arts Center. The group cooked up a signature pumpkin chili served with tortilla chips and accoutrements. Unlike most in the competition, the team happily shared their recipe and handed out recipe cards at the booth. “While we didn’t win for best chili, we deemed ourselves the healthiest! We enjoyed serving our chili together as a team and representing the Community Care Clinic. What a fun night out supporting the arts,” said Judy Currin, lead chili cook and prescription assistance coordinator. The fundraiser benefits Waterworks’ education and outreach programs.

## Union Lutheran Church

The congregation of Union Lutheran Church has been a faithful supporter of the clinic for many years. Service projects include packing food bags, pocket books, “Souper Bowl” themed packages and a diabetic supply drive along with prayer cards and scripture for patients. “We are so thankful for the longtime support of Union Lutheran Church. They are steadfast in providing for their Rowan County neighbors in need,” said Teen Aron, Communications and Development Director. Patients are welcoming of all the generosity given by the members of Union Lutheran Church.



CCC Patient & Cathy Teat



Dr. Amy Wilson, Judy Henderson-Currin & Teen Aron



## Glaucoma Screenings

Dr. Melanie Denton with Salisbury Eyecare & Eyewear is providing glaucoma screenings for patients of the Community Care Clinic of Rowan County. Patients will undergo routine testing from Dr. Melanie Denton. At risk patients with a family history, patients over a certain age and those with diabetes are fast-tracked for the glaucoma screenings.

“Glaucoma is a leading cause of irreversible blindness in the United States. Early detection is key and we are so grateful to Dr. Melanie Denton for providing this much needed service for our patients,” said Dr. Amy Wilson.

In addition to the screenings, proper treatment including eye drops or eyeglasses is made available for patients. Our pharmacist and prescription assistance coordinator work together (see story on page 3) to secure eye drops and/or eyeglasses using prescription assistance programs.

“Salisbury Eyecare and Eyewear is honored to partner with the Community Care Clinic of Rowan County, offering glaucoma care to its patients. This incredible clinic provides diabetic screenings, eye glasses, and more! We’re thrilled to volunteer with such an impactful group, changing patients’ eyes and lives forever,” said Dr. Melanie Denton.

The clinic offers diabetes and oral health education, smoking cessation classes, retinal screenings, mammograms and lifestyle medicine including prescribing exercise to patients and hosting cooking demonstrations.

# Community Thanks Volunteer of the Year & Silent Angel Awards



*Dr. Mitch Siegel & Wanda Honeycutt*

The eighth annual Community Thanks event was the biggest on record for the Community Care Clinic with over 200 in attendance. This year's event was held at the Crystal Lounge at Catawba College and allowed the clinic to personally thank donors, volunteers and community partners for their dedication and support.

During this year's event, Wanda Honeycutt was named the Volunteer of the Year. Dr. Amy Wilson presented the award to Wanda along with Mike Fuller for whom the award is named. Wanda has been volunteering at the clinic as a diabetes educator since her retirement from Novant Rowan in December of 2019. Wanda started with the clinic the month after – January 2020.

"I have personally watched Wanda discuss the difficulty of living with diabetes. She is compassionate, rewards people for taking small steps, and is so patient and kind. During COVID, Wanda made hundreds of calls to check on patients, providing counseling over the phone," said Wilson.

Executive Director Krista Woolly presented the Silent Angel award which is named for Fred and Alice Stanback who model their lives in service to others and in meeting the needs of the most vulnerable in our community to Dr. Mitch Siegel. "This award is presented annually to a person who does not seek recognition for good deeds but continues to serve his or her neighbors in need simply because it is the right thing to do," said Woolly.

Dr. Siegel began volunteering at the clinic after retiring from the VA. As the dental clinic grew, the clinic needed him more and Dr. Siegel agreed to work on a part-time basis. In March of 2022, the dental department was closed for eight

weeks to upfit rooms for safety against COVID-19 and when it reopened, Dr. Siegel served as the only dental provider. "He single-handedly saw us through the dark days of COVID, before vaccines were available," said Woolly.

"Mitch Siegel is an amazing dentist with a servant's heart. He loves to teach and show others the tricks of the trade. He is loved by his patients and the staff and frequently breaks out in song to celebrate a new smile, a birthday or just because. Those who know Mitch know that he takes pride in his work and calls himself Mitchell-Angelo because "dentistry is art." "Mitch says coming to work each day is like going to Disneyland because of the joy the clinic brings to patients and staff alike," said Woolly.



*Top: Staff Members  
Alex Yang &  
DeAnna Turner*



*Left: Board Member  
Desiree  
Dunston*

**In 2022, the clinic provided 1,483 medical visits, 1,510 dental visits and dispensed 19,179 prescriptions.**

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Ms. Madeline Zieverink  
Dr. Nan J. Zimmerman  
Mrs. Phyllis Zimmerman

*\*indicates those who have passed away in 2022*

## 2022 Grants:

Americares  
City of Salisbury/CDBG Grant  
Delta Dental Foundation  
Direct Relief  
F&M Bank  
FPC Witness Season  
First United Church of Christ Foundation  
Heart to Heart International  
The Leon Levine Foundation  
Margaret C. Woodson Foundation  
NC Assoc. of Free & Charitable Clinics  
NC Dental Society Foundation  
NC PRO Grant  
NC Office of Rural Health  
Novant Health Foundation  
Blanche and Julian Robertson Family Foundation  
Rowan Medical Society Alliance Foundation  
Salisbury Rowan Community Foundation  
Salisbury Rowan Heart Ball Fund  
State Fiscal Recovery Fund  
St. John's Lutheran Church Endowment Fund  
Walgreens

## Wish List Items:

Alcohol swabs  
Brown lunch bags  
Clorox wipes  
Cotton balls  
Copy paper  
Dental floss  
Dishwasher liquid  
Hand soap  
Kleenex  
Lawn and leaf bags  
Lysol  
Paper towels  
Post-its  
Snack sized baggies  
Stamps  
Staples gift cards  
Tall kitchen trash bags  
Toilet paper  
Tooth brushes  
Travel sized toothpaste  
Windex

# Lifestyle Medicine & Food Pharmacy

The Clinic practices Lifestyle Medicine – promoting healthy eating, physical activity, stress management, healthy relationships, restorative sleep and avoidance of risky behaviors. Dr. Amy Wilson, Medical Director, is certified by the American College of Lifestyle Medicine. During medical appointments, clinic patients receive “prescriptions” for introducing small changes into their everyday routine. For example, if a patient does not sleep well at night, Dr. Wilson will spend time discussing the many strategies for them to be successful. The patient will receive this in written form and the medical assistant will check up on the patient 4-6 weeks later. The clinic has seen patient health outcomes improve after these interventions.

Clinic staff took the program another step further in 2022 by adding a food pharmacy. Patients can choose from three healthy items and receive the ingredients to make the recipes at home. Featured menu items include no bake energy bites, crispy sweet potatoes with brown sugar and chicken fajita soup. These items are updated on a quarterly basis. “We’re finding that our patients are exposed to new foods that they wouldn’t normally try on their own. They enjoy the new recipes so much that they ask for more,” said Dr. Amy Wilson. “We recently introduced lentil soup to our patients. They were thrilled to take the bag of lentils home and make the soup for their families so now you’re

introducing the new food to the entire family and ensuring that they’re eating healthy,” said Wilson. Lentils are highly nutritious, affordable and have a long shelf life, making them the perfect staple to have on hand. “We believe that food is medicine and can work to improve the daily lives of everyone. For our patients it can also take away the financial constraints they feel from the high cost of groceries, thus providing a nutritious, easy, cost efficient meal,” said Krista Woolly.



*Healthy Cooking Demo*

## Saving Time, Saving Money

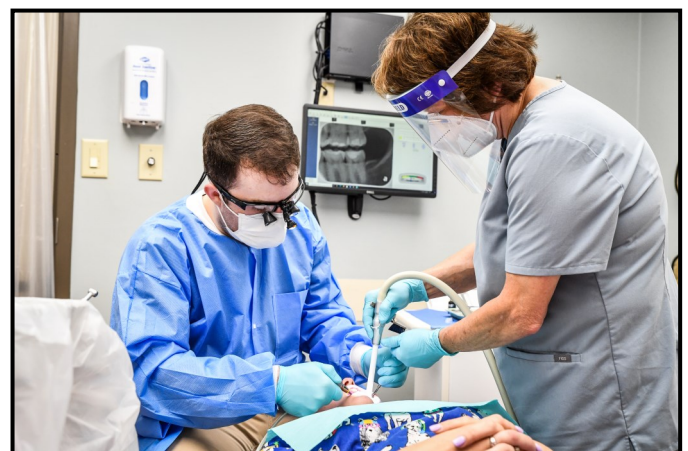
DeAnna Turner, the clinic’s medical assistant, asked more than 100 patients to participate in the annual patient satisfaction survey. The staff and Board of Directors takes the results of the survey seriously and works to make improvements to decrease issues with access to care. In 2022, the top three results were:

**A 49% decrease in emergency department usage.** This result is saving thousands of dollars of care that has to be written off each year by Novant Health. Clinic patients are calling the clinic first before utilizing the hospital for emergency care and many times, clinic staff can divert them by increased appointment times and triage services.

**An increase in dental services.** 84% of the patients surveyed stated that the full time dental hours has improved their oral health.

**An increase in outside resources available.** In 2022 alone, clinic staff have been able to collaborate with these resources to provide glaucoma screenings, women’s health services, colonoscopies and mental health.

This annual survey harnesses the power of direct feedback and makes patient perspectives integral to the work done each day at the clinic. It also measures staff



*Dr. Brett Leslie & Debbie Hill*

**Our Mission: To provide primary medical and dental care and prescription medications to qualified and underserved adults in Rowan County.**

# Businesses, Organizations & Volunteers

Accelerate Therapy & Performance  
 Allergy Partners - Salisbury-Rowan  
 County  
 American Red Cross  
 Atlanta Dental Company  
 Bethel UMC Women  
 Bread Riot  
 Charlotte Eye Ear Nose & Throat  
 Associates, P.A.  
 Charity League of Salisbury  
 Christiana Lutheran Church  
 Circle of Hope  
 Concordia Lutheran Church  
 Delta Sigma Theta Sorority  
 Dermatology Group of Carolinas  
 ECU School of Dental Medicine Davidson  
 County Community Service Learning  
 Center  
 Everyman's Bible Class - FPC  
 Faith Temple Triumphant Ministries  
 FUMC Women in Faith  
 Godley's Garden Center and Nursery  
 Golden Rule SS Class - MHUMC  
 Staff of Dr. Jonathan Huffman, DDS  
 Grace United Methodist Church  
 Granite Quarry Civitan Club  
 Haven Lutheran Church  
 Healthy Rowan  
 Hearing Solutions of N.C.  
 Howard Brown Agency, Inc.  
 LabCorp  
 Landmark Church  
 Lexington Dental Lab  
 Lutheran Services Carolinas

Dr. James Mazur, DPM  
 Mecklenberg Radiology Associates  
 Medical Society Alliance- Rowan County  
 The Medicine Shoppe  
 Metrolina Nephrology Assoc.  
 Milford Hills United Methodist Church  
 Miller Davis  
 Mull Dental Lab  
 Novant Health - Cancer Institute,  
 Cardiology, Rowan Medical Society  
 Auxiliary, Salisbury Surgical Assoc.  
 Organ Lutheran Church  
 The Pedal Factory  
 Power Curbers  
 Prevent Blindness N.C.  
 Providence UMC Women  
 Rowan-Cabarrus Community College  
 Rowan County Health Dept.  
 Rowan County United Way  
 Rowan Diagnostic Clinic & Digestive  
 Health Associates  
 Rowan Helping Ministries  
 Rowan Regional Pathology Associates,  
 Rufty-Holmes Senior Center  
 Salisbury Academy  
 Salisbury Endodontics  
 Salisbury Eyecare & Eyewear  
 Salisbury Lions Club  
 Salisbury Pediatrics  
 San Souci Book Club  
 Spencer Chapter 1197, Women of the  
 Moose  
 Sugar Check Charity  
 St. Mark's Lutheran Church

St. Matthew's Lutheran Church  
 Triumph Support Group  
 Union Lutheran Church  
 Wittenberg Lutheran Church  
 XI ALPHA DELTA Chapter of BETA SIGMA  
 PHI

Mr. Kevin Agner  
 Mrs. Lisa Black  
 Mr. Nicholas Black  
 Mr. Brad Brady  
 Mr. Jay Dees  
 Rev. Dr. Henry Diggs  
 Mrs. Desiree Dunston  
 Mr. Shawn Edman  
 Mr. Mike Fuller  
 Mr. Wade Furches  
 Dr. Erin Grey  
 Dr. Brett Henson  
 Mrs. Wanda Honeycutt  
 Mrs. Vicki Hunter  
 Dr. Louis Kandl  
 Dr. Paul Lucha  
 Mrs. Fran Misner  
 Miss Anna Patel  
 Mrs. Enid Rodriguez  
 Dr. Aerik Williams  
 Miss Courtney Williams  
 Dr. Kobi Wilmot  
 Miss Millie Wymbis

**CheckIt4Andretti from page 1**  
 scared. If it was never offered to me, I  
 wouldn't have done it." Another patient  
 said, "It meant everything to have the  
 colonoscopy because I wanted to make  
 sure everything was alright. It was a  
 blessing." and " I thought it would be a  
 hassle and stressful paying for it, but I  
 did not have to worry about that. I am  
 grateful."

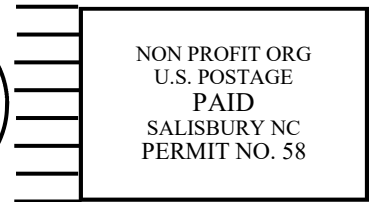
"It was a pleasure to visit the  
 Community Care Clinic of Rowan

County. Dr. Wilson and the staff are  
 providing great care in a warm and  
 inviting office. I was impressed with the  
 variety of services they can provide to  
 their patients including dental,  
 pharmacy and general medical care. We  
 are thrilled to partner with the  
 Community Care Clinic to provide  
 colonoscopies for patients in need  
 through our partnership with Dr. Patel  
 and Northeast Digestive Health," said  
 Dr. Olivia Andretti during a December  
 2022 visit.



*DeAnna Turner & Dr. Olivia Andretti*

**Our Vision: To ensure access to primary healthcare is available to all Rowan County residents through service provision and/or collaboration with other resources.**



315-G Mocksville Ave.  
Salisbury, NC 28144

www.communitycareofrowan.org  
704-636-4523

Like us on Facebook!



Follow us on Instagram!



### 2022 at a glance

1,351 unduplicated patients served  
 298 new patients  
 1,483 medical visits  
 1,510 dental visits  
 5,501 dental procedures performed  
 19,179 prescriptions dispensed  
 53% of patients are employed  
 96% of patients report an improvement in their health  
 1,110 patients received medications  
Demographics: 56% Caucasian  
                     37.5% African American  
                     6.5% Hispanic/Other  
                     60% Female  
                     40% Male

### Statement of Activities

(January 1 - December 31, 2022)

<u>Support and Revenue</u>	<u>2022</u>
Foundations/Grants	523,729
Individual Contributions	460,634
Fundraising	177,018
Misc. Income	1,682
Patient Administrative Fee	<u>11,974</u>
	1,175,037
<u>Expenses</u>	
Services to Patients	721,720
Management/Office	193,209
Fundraising/Volunteer	<u>5,573</u>
	920,502